

## English 183

### **Reading List 2 – The Causes and Effects of Caffeine**

Find the following articles on the Internet – your teacher will either ask you to read all or some of these articles. After reading them, bring your copies to class and discuss your readings with your teacher and classmates.

1. Dietitians look at health effects of coffee  
By Linda Ciampa – October 21, 1999 – CNN.com
2. Caffeine content in beverages  
2003 – MayoClinic.com
3. Coffee may contain loads of calories  
2003 – NewsNet5
4. Caffeine  
2003 – The Coffee Science Information Centre
5. Coffee and health  
2003 – The Coffee Science Information Centre
6. Coffee and bronchial asthma  
2003 – Coffee Republic
7. Positive health effects of coffee  
2003 – Thanksgiving Coffee Company
8. The toxic effects of Coffee  
By Karl Loren – April 27, 2003 – PainStudy.com
9. Coffee ‘boosts male fertility’  
By Ania Lichtarowicz – October 14, 2003 – BBC.co.uk/Health
10. Coffee knocks out women’s pain  
September 25, 2002 – BBC.co.uk/Health